

OLC WEEKLY LEARNING PLAN (FS1)

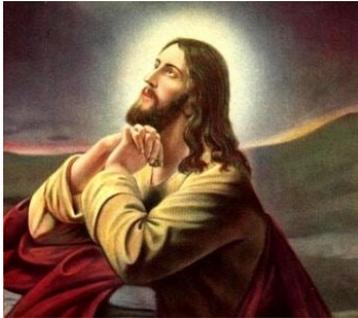


**Week 1: This week we are focusing on dinosaurs in nursery, exploring their different species, habitats, and even creating our own prehistoric landscapes through fun activities and crafts! Please feel free to try some of the activities at home.**



*This Weekly Learning Plan shares the learning that will be taking place this week and helps you to complete it during your time at home. Each day has a variety of lessons to ensure you access the whole curriculum while at home. You will find that there may be some slides to read / share with a grown up or a video to watch. There will also be some activities to complete.*

<b>Teachers:</b> <b>TLSAs:</b> <b>Student TLSA:</b>	<b>Mrs Sandhu-White</b> <b>Miss Doyle (Whole Day)</b> <b>Miss Moir (AM)</b>	<b>Year:</b>	<b>FS1</b>	<b>Date:</b>	<b>WB 23<sup>rd</sup> February 2026</b>
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8.45 – 9.00am</b>	Hang up coats, morning prayer, registration, dinner choices. Zones of regulation register. Wake up shake up.				
<b>9.00am – 9.15am</b>	<b>Daily Worship Gospel</b>	<b>Daily Worship Meditation Prayers</b>	<b>Daily Worship To live as Jesus taught us</b>	<b>Daily Worship Song of Praise</b>	<b>Daily Worship Song of Praise</b>
 9.15am – 9.30am Focus group work. 9.30am – 10.00 Continuous Provision.	<b>Communication Language &amp; Speaking and Listening</b> <b>Text:</b> Dear Dinosaur / Tyrannosaurus Drip.  LO: To make comments about what they have heard and ask questions to clarify their understanding.	<b>Expressive Arts &amp; Design</b> LO: To share their creations, explaining the process they have used.	<b>Well-being Wednesday (Everybody's Body)</b> LO: To know the names for some parts of my body and am starting to understand that I need to be active to be healthy	<b>RE :LENT</b> BIG QUESTION: Who is Jesus' father? 	<b>PE</b> Week 2: Coordination and Balance LO: To develop coordination and balance skills.

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Watch/Listen:

[Dear Dinosaur / Tyrannosaurus Drip.](#)

Activity:

Discuss the text.  
Think about the basic needs of animals for survival.

Share:

[Dinosaur Diet PP](#)

[Information sheet](#)

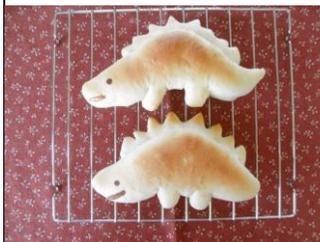
Children to draw their favourite Dinosaur eating.

[Rising 3's](#)

*Show children flash cards of different foods. What food is this? Say, children repeat. Encourage the children to discuss if they eat the food, like/dislike it.*

Activity:

In groups of 5 with an adult make bread in the shape of a dinosaur.



Activity:

Head, shoulders, knees and toes song - get all the words muddled up and point to the wrong parts of the body when singing the words.

Ask the children where their hearts are. Explain that the hearts beats slowly when we are relaxed and quickly when we do exercise. Play music, children to run/jump/skip, etc. and when the music stops adult to give them an instruction e.g. hands on head, fingers on knees. Observe to see if children are confident about the parts of their body and the correct names. Include trickier terms to extend the more able e.g. calf, thigh, etc. Afterwards ask how the children feel. **Questions:** Are you feeling warmer? How has your breathing changed? What is your heart doing? Scatter the active play pictures on the floor; in talk partners, share which activity they like most and why.

[Rising 3's](#)

*Head, shoulders, knees and toes song. Share with children, then ask them to participate x2.*

Activity:

In this unit of work we will explore the relationship between God our Father and Jesus his son. The idea of the relationship of Father and Son will need to be explored with degrees of sensitivity according to the social context of the class. Use some secular stories according to the needs of the children to demonstrate a positive role model of a father and son. Explain to the children that Jesus was God's son and he loved his Father in heaven. Talk to the children about the special people in their family. What special things can they say about them? Like us Jesus wanted to tell other people about his Father, because he was so special. He is God. Recall Creation work – God making the world and the story Jesus told about the lilies of the field and the birds of the air. Remind the children about God our

Activity:

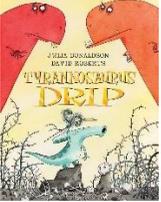
Warm-up: Balancing bean bags on different body parts.

Balance beam walking (low to the ground or marked lines).

Catching and throwing soft balls with partners.

Hopping games (e.g., hopscotch, hopping over lines).

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				Father making everybody precious and caring for them all.	
10.00 – 10.15	Snack time				
10.15 – 10.45	Morning play				
10.45 – 11.15	Maths	Phonics	Maths	Understanding the World Speaking & Listening	Phonics
	LO: To talk about and explore 2D and 3D shapes (for example, circles, rectangles, triangles and cuboids) using informal and mathematical language: 'sides', 'corners'; 'straight', 'flat', 'round'.	LO: To begin oral blending and segmenting.	LO: To talk about and explore 2D and 3D shapes (for example, circles, rectangles, triangles and cuboids) using informal and mathematical language: 'sides', 'corners'; 'straight', 'flat', 'round'.	LO: To make comments about what they have heard and ask questions to clarify their understanding.	LO: To begin oral blending and segmenting.
	<p><u>Activity:</u> <i>Shape Hunt Around the Room</i> Ask children to find objects shaped like a circle, rectangle, triangle, or cuboid. Place the objects together and talk about them. Talk about: "This plate is a circle. Is it round or straight?" "This book is a rectangle. How many sides does it have?" "This box is a cuboid. Does it have flat faces?"</p> <p><u>Extend learning:</u> Compare shapes: "Which one has more corners?" Feel edges with fingers and describe them as straight or curved.</p>	<p><u>Activity:</u> Bug Club Phase 1. Unit E – From Seed to Sandwich</p> <p>Phase 1 activities.</p> <p>Make a sandwich with the children-blending and segmenting the food and equipment.</p>	<p><u>Activity:</u> <b>Mystery Shape Bag</b> <b>What to do:</b> Put 2D and 3D shapes into a bag. Children reach in and describe what they feel before pulling it out. <b>Encourage language like:</b> "It feels <i>round</i>." "I can feel <i>corners</i>." "The sides feel <i>flat</i>." After revealing, name it together: circle, triangle, cuboid, etc.</p>	<p><u>Activity:</u> Read aloud- <b>Text:</b> Dear Dinosaur / Tyrannosaurus Drip.</p>  <p>Share: <a href="#">Dinosaur Life cycle poster</a> Look at life processes of dinosaur: egg, baby, adult.</p>	<p><u>Activity:</u> Phase 1 activities. Use CVC picture cards to blend and segment, for example: c a t-cat m a n-man</p> <p><a href="#">Rising 3's</a> <a href="#">What sounds can we hear in the classroom?</a> <a href="#">Can we copy the sound?</a></p>

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*Rising 3's*  
Use sand and a paint brush to make the number 1 extend to 2, 3 etc, this will support number recognition and pencil grip.

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Use sand and a paint brush to make the number 1 extend to 2, 3 etc, this will support number recognition and pencil grip.

Can the children place the egg, baby dinosaur and adult dinosaur in the right order?



Nursery rhymes and songs

Story – Hand washing – Prayers - Lunch

Afternoon

**Continuous provision and independent activities**

Continuation of morning activities and continuous provision.

Maths Area

Dinosaur footprint number cards- children to place the right amount of dinosaurs on the number card.

Match the dinosaurs



Expressive Art & Design Area.

Dinosaur masks

Pasta dinosaurs!



Dinosaur skeleton pictures

**Cutting skills**  
Developing confidence with scissor skills; exploring the differences when cutting a range of materials.

Communication Language & Literacy Area.

Pencil control-dinosaurs.  
Mark making table-



Number/Letter  
Trace over name cards

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Understanding the World

Find the fossil in soil, use of magnifying glasses and paint brushes. Which dinosaur bone could this be?

Dinosaur tuff tray

Small World Area

Set up 'Jurassic Park'-use tracks, dinosaurs, jeeps, trees. Sticks, leaves etc

Outdoor Area

Bikes, trikes, chalk, building using bricks, tyres and crates.  
THE BIG CLEAN!

Prepare the garden for Spring-children to help weed the garden planters, plant the bulbs.

Clean equipment-car wash-sponges, soapy water.

Rearrange the furniture.

This be completed outdoors on the ground-weather permitting



PSED

Matching game- in pairs- match the dinosaur to its skeleton.

Circle time-What makes me happy/sad.

Play snakes and ladders-encourage children to wait for their turn, celebrate when others are doing well.

Finger Gym



Role Play Area

Create a dinosaur museum



**Communicating with school**

If you have any queries, please contact the school office. [office@olc.solihull.sch.uk](mailto:office@olc.solihull.sch.uk)

