



Autumn Term-Week 4

This week, we will continue exploring our topic “Marvellous Me, Wonderful Us” by delving deeper into children’s emotions and helping them understand how they feel and why.

We will also be introducing the Zones of Regulation, supporting children to recognise and talk about their emotions, understand how their feelings can affect their behaviour, and explore different strategies to help them manage their emotions.

This Weekly Learning Plan shares the learning that will be taking place this week and helps you to complete it during your time at home. Each day has a variety of lessons to ensure you access the whole curriculum while at home. You will find that there may be some slides to read / share with a grown up or a video to watch. There will also be some activities to complete.

Teachers:	Mrs Sandhu-White	Year:	FS1	Date:	WB: Monday 21st September 2026
TLSAs:	Miss Doyle (Whole Day)				
Student TLSA:	Miss Moir-(AM)				

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.45 – 9.00am	Hang up coats, morning prayer, registration, dinner choices. Zones of regulation register. Wake up shake up.				
9.00am – 9.15am	Daily Worship Gospel	Daily Worship Meditation Prayers	Daily Worship To live as Jesus taught us	Daily Worship Song of Praise	Daily Worship Song of Praise
 9.15am – 9.30am Focus group work. 9.30am – 10.00 Continuous Provision.	Communication Language & Speaking and Listening Text: We all have feelings. LO: To listen to a short story.	Expressive Arts & Design LO: To experiment with different materials.	PSHE LO: To listen to the story of Creation.	RE LO: To understand the story pf creation.	Understanding the World Speaking & Listening LO: To name members of their family and talk about the people who are important to them.

OLC WEEKLY LEARNING PLAN (FS1)

	Teacher read the story aloud to the class. Activity: Discuss what emotions are. Introduce the Zones of Regulation board. Ask each child how they feel. What can you do that would make to feel calm and happy?	Activity: Junk Modelling- Provide a wide range of resources (boxes, feathers, bottle tops, crate paper etc) for the children to explore, experiment and play with.	Activity: Unit 1: Religious Understanding Unit 1 – Religious Understanding introduces children to the story of creation, where God created the earth, sea, stars, plants, animals and humans. The five-story sessions encourage children to creatively explore this topic and help them to deeply know that they are created by God out of love and for love.	Activity: Draw their favourite part of the creation story.	Activity: Circle Time – Naming Family Members Teacher to draw a house on large paper, then draw and discuss who is in her family. Discuss why they are important. “Who is in your family?” Encourage children to name: <i>Mummy, Daddy, brother, sister, grandma, grandad.</i> “Who do you live with at home?” Allow children to name the people they live with. “Can you tell me the name of someone in your family?” Encourage children to say a family member’s name, e.g. <i>“My sister is called...”</i>
10.00 – 10.15	Snack time				
10.15 – 10.45	Morning play				
10.45 – 11.15	PE: LO: To listen to simple instructions.	Maths: LO: To compare quantities using language: ‘more than’, ‘fewer than’.	Oracy & Auditory processing LO: To develop auditory discrimination skills	Maths: LO: To talk about and explore 2D and 3D shapes.	Phonics: LO: To listen and identify instrument sounds.

OLC WEEKLY LEARNING PLAN (FS1)

	Activity Get Set 4 PE Introduction to PE Unit 1 Lesson 1.	Activity: White Rose Block 1 More Than, Fewer Than.	Activity: A Week 3: Rhythm and Beat Copy-clap patterns. Can children copy simple rhythmic patterns?	Activity: White Rose Block 2 Explore and build with shapes and objects	Activity: https://www.youtube.com/watch?v=iRDRI3a-zA8
	Nursery rhymes and songs				
	Story – Hand washing – Prayers - Lunch				
Afternoon	Continuous provision and independent activities				
Continuation of morning activities and continuous provision.	<u>Maths Area</u> More Than, Fewer Than Same-adult lead activities Number recognition activities 1-5/1-10-children to count objects	<u>Expressive Art & Design Area</u> Leaf emotions Play dough-emotion face Use autumnal objects to create faces with different emotions. Gluing and sticking activities	<u>Communication Language & Literacy Area.</u> Mark making table/wall-sand tray etc		
	<u>Understanding the World</u> Tuff tray of families together from around the world.	<u>Small World Area</u> Family small world collection-houses Dolls family, hoses and furniture	<u>Outdoor Area</u> Bikes, trikes, chalk, building using bricks, tyres and crates. Mark making with chalk Construction Large dinosaur enclosure		
	<u>PSED</u> Stories about families and our community	<u>Finger Gym</u> Threading-animals Threading pasta	<u>Role Play Area</u> House-familiarity of home.		

Communicating with school

If you have any queries, please contact the school office. office@olc.solihull.sch.uk

