



OUR LADY OF COMPASSION SCHOOL

CURRICULUM

[DISCRETE PLANS YEAR 1 TO YEAR 6]

Year 1	MATHS Power Maths	SPAG Literary Curriculum	PSHE / RSE Jigsaw / Life to the full
AUTUMN TERM	<ul style="list-style-type: none"> ▪ Unit 1 - Numbers to 10 ▪ Unit 2 - Part-whole within 10 ▪ Unit 3 - Addition within 10 ▪ Unit 4 - Subtraction within 10 ▪ Unit 5 - 2D and 3D Shapes 	<p style="text-align: center;">Tenses</p> <p style="text-align: center;">Past – has already happened Present – has already happened Future – will happen in the future</p> <p style="text-align: center;">Punctuation</p> <p style="text-align: center;">full stop (.) question mark (?) exclamation mark (!)</p> <p style="text-align: center;">Prefixes</p> <p style="text-align: center;">un-</p> <p style="text-align: center;">Suffixes</p> <p style="text-align: center;">-ing –ed –er –est</p> <p style="text-align: center;">Types of words to use in writing</p> <p style="text-align: center;">Adverbs Adjectives Conjunctions Nouns Verbs</p>	<ul style="list-style-type: none"> ▪ Feeling safe and special in school ▪ Being part of a class ▪ Knowing my rights and responsibilities as a member of a class ▪ Keeping my class a safe place to learn ▪ Understanding rewards and feeling proud ▪ Simple strategies for managing feelings ▪ Knowing I am part of God’s family ▪ Loving other people in the same way God loves us ▪ Identifying similarities and differences between people in my class ▪ Understanding what bullying is and how it might feel ▪ Knowing who I can talk to if I am unhappy ▪ Knowing how to make new friends ▪ Understanding we are all unique
SPRING TERM	<ul style="list-style-type: none"> ▪ Unit 6 - Numbers to 20 ▪ Unit 7 - Addition and subtraction within 20 ▪ Unit 8 - Numbers to 50 ▪ Unit 9 - Introducing length and height ▪ Unit 10 - Introducing weight and volume 	<p style="text-align: center;">Words to learn</p> <p style="text-align: center;">a are ask be by come do friend full go has he here his house I is love me my no of once one our pull push put said says school she so some the there they to today was we were where you</p>	<ul style="list-style-type: none"> ▪ Setting simple goals and working how to achieve it ▪ Working well with a partner ▪ Tackling new challenges ▪ Identifying obstacles and how to overcome them ▪ Explaining how I feel when I am successful ▪ Understanding the difference between healthy and unhealthy ▪ Knowing how to make healthy lifestyle choices ▪ What makes a healthy lifestyle? ▪ Personal hygiene ▪ Importance of sleep ▪ Using medicines safely ▪ Keeping safe when crossing the road ▪ Keeping my body safe and healthy

SUMMER TERM	<ul style="list-style-type: none"> ▪ Unit 11 - Multiplication and division ▪ Unit 12 - Halves and quarters ▪ Unit 13 - Position and Direction ▪ Unit 14 - Numbers to 100 ▪ Unit 15 - Money ▪ Unit 16 - Time 		<ul style="list-style-type: none"> ▪ <i>Identifying the members of my family</i> ▪ <i>Knowing there are lots of different types of families</i> ▪ <i>Identifying what a good friend looks like</i> ▪ <i>Appropriate ways of greeting people and appropriate physical contact</i> ▪ <i>Identifying who can help me</i> ▪ <i>Recognising my qualities</i> ▪ <i>Expressing how we feel about special people</i> ▪ <i>Beginning to understand our life cycle</i> ▪ <i>Knowing that changes happen as we grow</i> ▪ <i>Understanding changes are okay</i> ▪ <i>Knowing that my body has changed since I was a baby</i> ▪ <i>Using the correct scientific names for our body parts, including genitalia</i> ▪ <i>God made us all in his vision</i> ▪ <i>Enjoying learning new things</i> ▪ <i>Knowing how to cope with changes in my life</i>
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Year 2	MATHS Power Maths	SPAG Literary Curriculum	PSHE / RSE Jigsaw / Life to the full
AUTUMN TERM	<ul style="list-style-type: none"> ▪ Unit 1 - Numbers to 100 ▪ Unit 2 - Addition and subtraction (1) ▪ Unit 3 - Addition and subtraction (2) ▪ Unit 4 - Properties of shapes 	<p style="text-align: center;">[Year 1 content + ...]</p> <p style="text-align: center;">Tenses</p> <p>Past progressive – uses ‘was’ to show that something happened continuously in the past Present progressive – uses ‘am’ or ‘is’ to show that something is happening at the moment</p> <p style="text-align: center;">Punctuation</p> <p>apostrophe (') inverted commas or speech marks (“ ”) comma (,)</p> <p style="text-align: center;">Suffixes</p> <p>-ful –less –ment –ness –ly</p> <p style="text-align: center;">Words to learn</p> <p>after again any bath beautiful because behind both break busy child children Christmas class climb clothes cold could door even every everybody eye fast father find floor gold grass great half hold hour improve kind last many mind money most move Mr Mrs old only parents pass past path people plant poor pretty prove would should steak sugar sure told water who whole wild</p>	<ul style="list-style-type: none"> ▪ Identifying hopes and fears this year ▪ Recognising when I feel worried and knowing who to ask for help ▪ Understanding the rights and responsibilities of being a member of my class ▪ Helping to make my class special and safe ▪ Listening to other people and contributing my own ideas ▪ Learning that we are unique with our own talents and skills ▪ Recognising my choices ▪ Understanding that people make stereotypes about boys and girls ▪ Knowing that boys and girls have similarities and differences ▪ Understanding that bullying can be about differences ▪ Knowing how being bullied might feel ▪ Knowing what is right and wrong ▪ Being able to stand up for myself ▪ Knowing how to get help ▪ Recognising it is important not to judge people ▪ Discussing ways in which I am different to my friends
SPRING TERM	<ul style="list-style-type: none"> ▪ Unit 5 - Money ▪ Unit 6 - Multiplication and division (1) ▪ Unit 7 - Multiplication and division (2) ▪ Unit 8 - Length and height ▪ Unit 9 - Mass, capacity and temperature 		<ul style="list-style-type: none"> ▪ Choosing a realistic goal and how to achieve it ▪ Learning how to persevere if I find things tricky ▪ Knowing my strengths as a learner ▪ Recognising who I work well with ▪ Working in a group ▪ Knowing how to share success with others ▪ Knowing how to keep my body healthy ▪ Knowing how to be relaxed ▪ Understanding that drugs, alcohol and tobacco are harmful substances ▪ Sorting foods into food groups ▪ Knowing which food I need to be healthy

			<ul style="list-style-type: none"> ▪ Knowing which food gives me energy
SUMMER TERM	<ul style="list-style-type: none"> ▪ Unit 10 - Statistics ▪ Unit 11 - Fractions ▪ Unit 12 - Position and direction ▪ Unit 13 - Time ▪ Unit 14 - Problem solving and efficient methods 		<ul style="list-style-type: none"> ▪ Identifying members of my family ▪ Accepting everyone's family is different ▪ Keeping our private parts private ▪ Knowing who we can trust ▪ Problem solving if I fall out with my friends ▪ The difference between good and bad secrets ▪ Resisting pressure ▪ Knowing who I trust ▪ Identifying special people to me ▪ Recognising cycles of life in nature ▪ Knowing there are some changes outside my control ▪ Understand the process of growing from young to old ▪ Recognising how my changes from young to old ▪ The scientific names for our bodies including genitalia ▪ Knowing that there are different types of touch and which ones I like and don't like ▪ Knowing how to ask for help ▪ Identifying what I am looking forward to

Year 3	MATHS Power Maths	SPAG Literary Curriculum	PSHE / RSE Jigsaw / Life to the full
AUTUMN TERM	<ul style="list-style-type: none"> ▪ Unit 1 - Place value within 1,000 ▪ Unit 2 - Addition and subtraction (1) ▪ Unit 3 - Addition and subtraction (2) ▪ Unit 4 - Multiplication and division (1) ▪ Unit 5 - Multiplication and division (2) 	<p style="text-align: center;">[KS1 content + ...]</p> <p style="text-align: center;">Tenses</p> <p style="text-align: center;"><i>Past perfect – uses ‘had’ to show that something happened and was completed in the past</i></p> <p style="text-align: center;">Prefixes</p> <p style="text-align: center;"><i>co- de- over- mis- in- im- il- dis- re- super-inter- anti- auto- sub-</i></p> <p style="text-align: center;">Suffixes</p> <p style="text-align: center;"><i>-ation –ous</i></p> <p style="text-align: center;">Types of words to use in writing</p> <p style="text-align: center;"><i>Conjunctions of time, cause and place</i></p> <p style="text-align: center;"><i>Expanded noun phrases</i></p> <p style="text-align: center;"><i>Powerful verbs</i></p> <p style="text-align: center;"><i>Prepositions</i></p> <p style="text-align: center;">Homophones</p> <p style="text-align: center;"><i>ball / bawl</i></p> <p style="text-align: center;"><i>berry / bury</i></p> <p style="text-align: center;"><i>brake / break</i></p> <p style="text-align: center;"><i>fair / fare</i></p> <p style="text-align: center;"><i>grate / great</i></p> <p style="text-align: center;"><i>groan / grown</i></p> <p style="text-align: center;"><i>here / hear</i></p> <p style="text-align: center;"><i>heel / heal / he’ll</i></p> <p style="text-align: center;"><i>knot / not</i></p> <p style="text-align: center;"><i>mail / male</i></p> <p style="text-align: center;"><i>main / mane</i></p> <p style="text-align: center;"><i>meat / meet</i></p> <p style="text-align: center;"><i>medal / meddle</i></p> <p style="text-align: center;"><i>missed / mist</i></p> <p style="text-align: center;"><i>peace / piece</i></p> <p style="text-align: center;"><i>plain / plane</i></p> <p style="text-align: center;"><i>rain / rein / reign</i></p>	<ul style="list-style-type: none"> ▪ Recognising my worth ▪ Identifying positive things about myself ▪ Setting personal goals ▪ Facing new challenges positively ▪ Recognising how it feels to be happy, sad or scared ▪ Understanding why we need rules ▪ Thinking about how my actions affect others ▪ How teamwork creates a community ▪ Seeing things from others’ points of view ▪ Knowing everybody else’s ▪ Family is different and important ▪ Understanding that differences can happen in families ▪ Knowing how to calm myself down ▪ Knowing what it means to be a witness to bullying ▪ Knowing some ways to make someone feel better ▪ Understanding witnesses to bullying can help the situation ▪ Recognising some words are hurtful ▪ Thinking about the consequences to our words ▪ Giving and receiving compliments
SPRING TERM	<ul style="list-style-type: none"> ▪ Unit 6 - Multiplication and division (3) ▪ Unit 7 - Length and perimeter ▪ Unit 8 - Fractions (1) ▪ Unit 9 - Mass ▪ Unit 10 - Capacity 		<ul style="list-style-type: none"> ▪ Talk about someone who has faced challenges but achieved success ▪ Respecting and admiring those who overcome obstacles ▪ Identifying a dream/ambition that is important to me ▪ Enjoying facing new challenges ▪ Breaking goals down into steps ▪ Becoming motivated and enthusiastic about a new challenge ▪ Recognising obstacles and managing frustration ▪ Evaluating my own learning process ▪ Understanding how exercise affects my body ▪ Setting myself a fitness challenge ▪ Knowing what I put in my body will affect my health

		<p>scene / seen weather / whether</p> <p>Words to learn</p> <p>accident accidentally address although answer although answer appear arrive believe bicycle breath breathe build business busy calendar caught centre century certain circle complete consider continue decide describe different disappear early earth eight eighth enough exercise experience experiment extreme famous favourite February forward forwards fruit grammar group guard guide heard heart height history imagine important increase interest island knowledge learn length library material medicine mention minute natural naughty notice occasion occasionally often opposite ordinary particular peculiar perhaps popular position possess possession possible potatoes pressure probably promise purpose quarter question recent regular reign remember sentence separate special straight strange strength suppose surprise therefore though thought through various weight woman women</p>	<ul style="list-style-type: none"> ▪ Knowing that not all medicines/drugs are good for us ▪ Taking care of the bodies that God gave us ▪ Knowing some strategies to keep myself safe ▪ Expressing how it feels to be anxious or scared ▪ Taking responsibility for keeping myself and others safe ▪ Respecting and looking after the bodies that God gave us
SUMMER TERM	<ul style="list-style-type: none"> ▪ Unit 11 - Fractions (2) ▪ Unit 12 - Money ▪ Unit 13 - Time ▪ Unit 14 - Angles and properties of shape ▪ Unit 15 - Statistics 		<ul style="list-style-type: none"> ▪ Identifying roles and responsibilities of each member of my family ▪ Identify and putting skills of friendship into practise ▪ Recognising that increasing independence brings increased responsibility ▪ Using technology safely ▪ How media can be bad for us ▪ Reporting inappropriate messages ▪ Explaining how work of people around the world can help my life ▪ Knowing how my needs and rights are shared by children around the world ▪ Expressing my appreciation to my friends and family ▪ Knowing that lots of changes happen to us when we grow up ▪ Understanding how babies grow in the mother's uterus ▪ Express how I might feel if there was a new baby in my family ▪ Recognising family stereotypes and family roles ▪ Identify what I am looking forward to when I move class

Year 4	MATHS Power Maths	SPAG Literary Curriculum	PSHE / RSE Jigsaw / Life to the full
AUTUMN TERM	<ul style="list-style-type: none"> ▪ Unit 1 - Place value and 4-digit numbers (1) ▪ Unit 1 - Place value and 4-digit numbers (2) ▪ Unit 3 - Addition and subtraction ▪ Unit 4 - Measure – area ▪ Unit 5 - Multiplication and division (1) 	<p style="text-align: center;">[Y1-Y3 content + ...]</p> <p style="text-align: center;">Types of words to use in writing</p> <p style="text-align: center;">Fronted adverbials Conjunctions of time, cause and place Expanded nouns phrases with prepositional phrases Pronouns</p> <p style="text-align: center;">Homophones whose / who's</p>	<ul style="list-style-type: none"> ▪ Thinking about my attitudes and actions in class ▪ Knowing how it feels to be part of a group ▪ Understanding my school community ▪ Understanding democracy through school council ▪ Caring about other people's feelings ▪ Knowing that some behaviour is wrong ▪ Having a voice in my school community ▪ Accepting people for who they are ▪ Understanding what can have an influence on me ▪ Knowing that bullying can be hard to spot ▪ Understanding how it feels to witness bullying or be a target ▪ Problem solving bullying situations ▪ Identifying what is special about me ▪ Liking and respecting what is unique about me ▪ Discussing how first impressions can change
SPRING TERM	<ul style="list-style-type: none"> ▪ Unit 6 - Multiplication and division (2) ▪ Unit 7 - Length and perimeter ▪ Unit 8 – Fractions (1) ▪ Unit 9 – Fractions (2) ▪ Unit 10 – Decimals (1) 		<ul style="list-style-type: none"> ▪ Thinking about my hopes and dreams ▪ Understanding how it feels to be disappointed ▪ Reflecting on positive and happy experiences ▪ Knowing how to cope with disappointment ▪ Knowing what it means to be resilient ▪ Working out the steps to achieve a goal ▪ Being part of a group challenge ▪ Identifying everyone's contributions ▪ Sharing success ▪ Recognising how friendship groups are formed ▪ Knowing what feelings we have about our friends ▪ Understand people take on different roles in a group ▪ Being aware of the impact people can have on me ▪ Understanding the facts about smoking ▪ Recognising negative feelings in peer pressure ▪ Understanding the facts about alcohol ▪ Discussing peer pressure ▪ Having our own beliefs and using my inner strength

SUMMER TERM	<ul style="list-style-type: none"> ▪ Unit 11 - Decimals (2) ▪ Unit 12 - Money ▪ Unit 13 - Time ▪ Unit 14 – Geometry – angles and 2D shapes ▪ Unit 15 – Statistics ▪ Unit 16 – Geometry – position and direction 		<ul style="list-style-type: none"> ▪ <i>Recognising situations which can cause jealousy</i> ▪ <i>Problem solving</i> ▪ <i>Identifying who I love and why they are special to me</i> ▪ <i>Thinking about memories of people I no longer see</i> ▪ <i>Recognising how friendships change</i> ▪ <i>Learning how to negotiate and compromise</i> ▪ <i>Knowing that a boyfriend/girlfriend is a special relationship for when I am older</i> ▪ <i>Relationships are personal and special</i> ▪ <i>Knowing how to show love and be loved</i> ▪ <i>Puberty and what it means</i> ▪ <i>Knowing that puberty is part of God’s plan</i> ▪ <i>Knowing what will happen to both boys and girls in puberty</i> ▪ <i>Menstruation</i> ▪ <i>Having the confidence to make changes</i> ▪ <i>Accepting some changes are out of my control</i> ▪ <i>Managing feelings</i> ▪ <i>Discussing what I am looking forward to</i>
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Year 5	MATHS Power Maths	SPAG Literary Curriculum	PSHE / RSE Jigsaw / Life to the full
AUTUMN TERM	<ul style="list-style-type: none"> ▪ Unit 1 - Place value within 1,000,000 (1) ▪ Unit 2 - Place value within 1,000,000 (2) ▪ Unit 3 - Addition and subtraction ▪ Unit 4 - Multiplication and division (1) ▪ Unit 5 - Fractions (1) ▪ Unit 6 - Fractions (2) 	<p style="text-align: center;">[Y1-Y4 content + ...]</p> <p style="text-align: center;">Types of words to use in writing</p> <p style="text-align: center;">Tenses</p> <p style="text-align: center;">Future perfect – uses ‘will have’ to show that something will happen in the future but will be completed by a certain point</p> <p style="text-align: center;">Punctuation</p> <p style="text-align: center;">Dash (-)</p> <p style="text-align: center;">Suffixes</p> <p style="text-align: center;">-ate -ise -ify</p> <p style="text-align: center;">Homophones</p> <p style="text-align: center;">Licence / license Practice / practise Prophecy / prophesy Guessed / guest Heard / herd Led / lead Morning / mourning Past / passed Principal / principle Profit / prophet Stationary / stationery Steal / steel</p>	<ul style="list-style-type: none"> ▪ Facing new challenges ▪ Setting personal goals ▪ Identifying hopes for this school year ▪ Knowing my rights and responsibilities as a citizen ▪ Empathising with people whose lives are different to ours ▪ Making choices about my own behaviour ▪ Understanding that my actions affect me and others ▪ Contributing to a group ▪ Understanding democracy ▪ Understanding cultural differences can cause conflict ▪ Understanding what racism is ▪ Knowing that spreading rumours and name-calling can be bullying behaviours ▪ Exploring the difference between direct and indirect types of bullying ▪ Comparing my life with those in the developing world ▪ Appreciating the value of happiness ▪ Respecting other people’s culture
SPRING TERM	<ul style="list-style-type: none"> ▪ Unit 7 - Multiplication and division (2) ▪ Unit 8 - Fractions (3) ▪ Unit 9 - Decimals and percentages ▪ Unit 10 - Measure – perimeter and area ▪ Unit 11 - Graphs and tables 	<p style="text-align: center;">Words to learn</p> <p>accommodate accompany according achieve aggressive amateur ancient apparent appreciate attached available average awkward bargain bruise category cemetery committee communicate community competition conscience conscious controversy convenience correspond critic criticise curiosity definite desperate</p>	<ul style="list-style-type: none"> ▪ Knowing that I will need money to help me achieve some of my dreams ▪ Identifying what I would like my life to be like when I am older ▪ Knowing about a range of jobs and careers ▪ Thinking about a job I would like to do when I grow up ▪ Thinking about how others’ dreams and goals may be different to mine ▪ Learning and supporting other cultures ▪ Encouraging others to support e.g through sponsorship ▪ Knowing the health risks of smoking ▪ Knowing the health risks of alcohol ▪ Understanding basic emergency first aid procedures

		<p>determined develop dictionary disastrous embarrass environment equip equipment equipped especially exaggerate excellent existence explanation familiar foreign forty frequently government guarantee harass hindrance identify immediate immediately individual interfere interrupt language leisure lightning marvellous mischievous muscle necessary neighbour nuisance occupy occur opportunity parliament persuade physical</p>	<ul style="list-style-type: none"> ▪ Keeping calm in emergencies ▪ Recognising images in the media do not always reflect reality ▪ Describing the different roles food can play in people's lives ▪ Valuing my body ▪ Knowing what makes up a healthy lifestyle
SUMMER TERM	<ul style="list-style-type: none"> ▪ Unit 12 - Geometry - properties of shapes ▪ Unit 13 - Geometry – position and direction ▪ Unit 14 - Decimals ▪ Unit 15 - Negative numbers ▪ Unit 16 - Measure - converting units ▪ Unit 17 - Measure - volume and capacity 	<p>prejudice privilege profession programme pronunciation queue recognise recommend relevant restaurant rhyme rhythm sacrifice secretary shoulder signature sincere sincerely soldier stomach sufficient suggest symbol system temperature thorough twelfth variety vegetable vehicle yacht</p>	<ul style="list-style-type: none"> ▪ Recognising who I am as a person ▪ Knowing how to be safe with online communities ▪ Knowing I have rights and responsibilities online ▪ Recognising when online gaming is unhelpful or unsafe ▪ Recognise when I am spending too much using devices ▪ Explain how to stay safe online ▪ Being aware of my own self-image ▪ Developing my self-esteem ▪ Respecting our bodies as a gift from God ▪ Knowing how girls' and boys' bodies will change in puberty ▪ Knowing the need for modesty and appropriate boundaries ▪ Understanding how a baby grows and develops in the Mother's womb ▪ Identify what I am looking forward to when I am a teenager ▪ Being confident that I can cope with changes ▪ Looking forward to what will happen next year

Year 6	MATHS <i>Power Maths</i>	SPAG <i>Literary Curriculum</i>	PSHE / RSE <i>Jigsaw / Life to the full</i>
AUTUMN TERM	<ul style="list-style-type: none"> ▪ Unit 1 - Place value within 10,000,000 ▪ Unit 2 - Four operations (1) ▪ Unit 3 - Four operations (2) ▪ Unit 4 - Fractions (1) ▪ Unit 5 - Fractions (2) ▪ Unit 6 - Measure – imperial and metric measures 	<p>[Y1-Y5 content + ...]</p>	<ul style="list-style-type: none"> ▪ <i>Identifying my goals for this year</i> ▪ <i>Knowing how to make others feel welcomed and valued</i> ▪ <i>Knowing that we all have universal rights</i> ▪ <i>Understanding my own wants and needs</i> ▪ <i>Understanding my actions affect other people locally and globally</i> ▪ <i>Knowing that my emotions will change as I grow up</i> ▪ <i>Understanding emotional well-being</i> ▪ <i>Understanding an individual behaviour on a group situation</i> ▪ <i>Understanding how democracy and having a voice has benefits</i> ▪ <i>Knowing that there are different perceptions to what normal means</i> ▪ <i>Empathising with people who are difference</i> ▪ <i>Being aware of my own attitude towards people who are different to me</i> ▪ <i>Explain how one person or group can have power over others</i> ▪ <i>Knowing some of the reasons why people may bully</i> ▪ <i>Self-confidence arises from God</i> ▪ <i>Explaining how differences can cause conflict or celebration</i>
SPRING TERM	<ul style="list-style-type: none"> ▪ Unit 7 - Ratio and proportion ▪ Unit 8 - Algebra ▪ Unit 9 - Decimals ▪ Unit 10 - Percentages ▪ Unit 11 - Measure - perimeter, area and volume 		<ul style="list-style-type: none"> ▪ <i>Learning my own strengths</i> ▪ <i>Setting challenging but realistic goals</i> ▪ <i>Working out the learning steps to reach my goals</i> ▪ <i>Setting success criteria</i> ▪ <i>Working with others to make the world a better place</i> ▪ <i>Knowing what others like and admire about me</i> ▪ <i>Accepting and giving praise</i> ▪ <i>Taking responsibility for my health</i> ▪ <i>Having motivation to care for my health</i> ▪ <i>Knowing about different types of drugs and their effects on the body</i>

			<ul style="list-style-type: none"> ▪ Understanding that some people can be exploited and how to help them ▪ Knowing that some people join gangs and what the risk of this involves ▪ Understanding it is important to look after our emotional well-being ▪ Knowing that pressure comes in different forms and how to resist this
SUMMER TERM	<ul style="list-style-type: none"> ▪ Unit 12 - Statistics ▪ Unit 13 - Geometry - properties of shapes ▪ Unit 14 – Geometry – position and direction ▪ Unit 15 - Problem solving 		<ul style="list-style-type: none"> ▪ Taking care of my mental health ▪ Understanding mental health is nothing to be ashamed of ▪ Learning about grief and different way people cope ▪ Recognising when people are trying to gain power or control ▪ Knowing ways to stand up for myself ▪ Judging whether something online is safe and helpful ▪ Using technology positively ▪ Being aware of my own self-image ▪ Developing my self-esteem ▪ Learning how a baby grows and develops ▪ Scientific facts about sexual intercourse between a man and a woman ▪ The physical, emotional, moral and spiritual implications of sexual intercourse ▪ The Christian viewpoint that sexual intercourse should be saved for marriage ▪ Understanding what it means to be physically attracted to someone ▪ Knowing that respect is so important in a relationship and that I should not feel pressured into anything ▪ Being aware of the importance of positive self-esteem ▪ Identifying what we are looking forward to secondary school ▪ Preparing emotionally for changes next year